



The Lord's Prayer Study Guide

⁹ *"Pray, then, in this way:*

*'Our Father who is in heaven,
Hallowed be Your name.*

¹⁰ *'Your kingdom come.*

Your will be done,

On earth as it is in heaven.

¹¹ *'Give us this day our daily bread.*

¹² *'And forgive us our debts, as we also have forgiven our debtors.*

¹³ *'And do not lead us into temptation but deliver us from evil.*

[For Yours is the kingdom and the power and the glory forever. Amen.']

Matthew 6:9-13 (NASB)

CONTENT

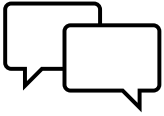
Week One – <i>Our Father in Heaven</i>	3
Week Two – <i>Hallowed Be Your Name</i>	3
Week Three – <i>Thy Kingdom Come</i>	4
Week Four – <i>Thy Will Be Done</i>	5
Week Five – <i>On Earth As It Is In Heaven</i>	6
Week Six – <i>Give Us This Day Our Daily Bread</i>	7
Week Seven – <i>Forgive Us Our Debts</i>	9
Week Eight – <i>Lead us Not into Temptation but Deliver us from Evil</i>	10
Week Nine – <i>Yours is the Kingdom, Power, & Glory</i>	12

WEEK 1 – *Our Father in Heaven*



Read

- Mark 14:32-36
- Romans 8:15
- Galatians 4:6



Discuss

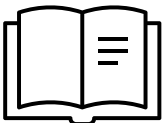
In these passages, Jesus and Paul use the Aramaic term “Abba,” meaning “Father.” Together, the terms Abba and Father doubly emphasize the fatherhood of God. How does the use of the term Abba show intimacy with God? What difference does this make? What attributes of a great earthly father find their origin in the character of God?



Pray

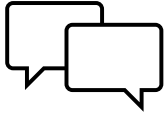
Take a few moments to close in prayer. End your prayer time by reciting the entire Lord’s Prayer together again

WEEK 2 – *Hallowed Be Your Name*



Read

- Isaiah 6:1-5
- Revelation 4:7-11



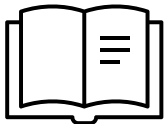
Discuss

- How do these passages depict God?
- Do you think you have an appropriate reverential awe/fear of the Lord in light of those passages?
- How would your prayer life change if you recognized fully who it is that you are praying to?



Pray

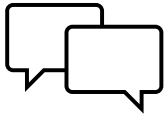
Every time you pray this week, start by praying “our Father in heaven, hallowed be your name” and expand on that in prayer. That is: come to God in prayer with the loving confidence of a child coming to speak to their Daddy and praying that God’s name would be revered throughout your life and the world. From there, continue your prayers as you feel led.



WEEK 3 – *Thy Kingdom Come*

Read

- Psalm 103:19; 145:10-13
- Luke 1:30-33
- Matthew 5:20
- Luke 12:29-32
- Luke 17:20-21
- John 3:1-8; 18:33-37
- Romans 14:12
- Hebrews 1:8-9



Discuss

Jesus teaches us to pray that God's Kingdom would come.

- What do you think He meant by that? How does the kingdom come in our world?

Praying this prayer is partly about aligning our hearts with the things of God and desiring the fullness of God's rule and reign in our lives and in our world.

- What then are some examples of 'your kingdom come' types of prayers?

Sometimes we have a tendency to be overly concerned with building our 'little kingdoms' rather than striving for God's Kingdom.

- What have you found helpful in keeping a proper Kingdom perspective in your Christian walk?
- How might the types of things we pray for/about help us keep a Kingdom perspective?

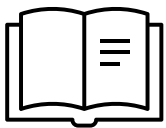
J.I.Packer writes 'the purpose of the church is to make the invisible kingdom visible through faithful Christian living and witness-bearing'.

- In what ways are we part of the answer to our own prayer here?



Pray

Ask that the Lord would align your heart with His—desiring the fullness of His rule and reign in your life and in our world.



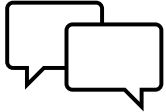
WEEK 4 - *Thy Will Be Done*

Throughout His life Jesus (as well as the Psalmists) expresses a delight in doing God's will.

Read

- John 4:34; 5:30; 6:38; 8:28-29

- Psalm 40:8; 143:10



Discuss

- What is the cause of their delight in living out God's will above their own?
- Can you share a time where you found delight in putting God's will above your own in a specific choice or behavior?

The prayer 'your will be done' is a full-on prayer of submission, submitting our will to God's will, as well as an expression of our trust in our God. See Matthew 26:39-46

- Is there anything you are currently holding on to that you know you need to submit to God's will?



Pray

Ask the Lord to give you the strength to submit to His will.



WEEK 5 – *On Earth as It Is In Heaven*

"Your kingdom come, your will be done on earth as it is in heaven" expresses the desire that the acknowledgment of God's reign and the accomplishment of his purposes take place in this world even as they already do in God's throne room. The first half of the Lord's prayer thus focuses exclusively on God and his agenda as believers adore, worship, and submit to his will before they introduce their own personal petitions.¹

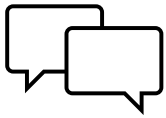
This request assumes that God's will is done in heaven, but not yet on earth (in the same full way). Sin and rebellion are absent in heaven, but hindrances are present on earth. This is another request for the

¹ Craig Blomberg, [Matthew](#), vol. 22, The New American Commentary (Nashville: Broadman & Holman Publishers, 1992), 119.

spreading of God’s kingdom rule on earth, primarily through the church as the agent of the kingdom. Our prayers are to be continual reminders to ourselves to “get with” the kingdom program. Sadly, too many believers live for the weekends and not for Christ’s kingdom.²

Read

- John 1:14
- 2 Corinthians 5:20



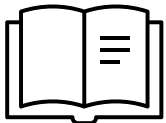
Discuss

- How does the Gospel of Jesus Christ help us to “live out” the kingdom of heaven here on earth?
- How can we be more like Jesus Christ in a world that does not recognize Him, except through us, the church?



Pray

- Ask God to help you to live heaven out on this earth in the following ways:
 - By remembering your forgiveness (see 1 Cor. 6:20)
 - By remembering your identity (see John 15:18-21)
 - By remembering your priorities (see Matt. 22:36-40)
 - By remembering your calling (see Matt. 28:19-20)
 - By Remembering your enemy (see 1 Peter 5:8)



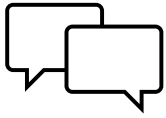
WEEK 6 – *Give us This Day Our Daily Bread*

Read

- Matthew 6:25-34

² Stuart K. Weber, [Matthew](#), vol. 1, Holman New Testament Commentary (Nashville, TN: Broadman & Holman Publishers, 2000), 82.

- 2 Thessalonians 3:6-13
- Deuteronomy 8:17-18
- Philippians 4:4-7
- Matthew 7:7-11



Discuss

The beginning of the Lord's Prayer makes it clear the focus must first be on The Father - His name, His reign, His will. Then He invites us to make our request (needs) known.

- Do you find it easy or difficult to bring all your requests before God?
- When you pray about your needs, do you jump straight to the request or do you first spend time praying and reflecting on God's glory, Kingdom and will?

In Jesus' day bread was synonymous with the physical necessities of life.

- Read Matthew 6:25-34 and discuss how God provides for us.
- Do you have any stories you can share of seeing God provide for your daily needs?

How do you understand the interplay between human responsibility and God's provision when it comes to our daily needs? (see 2 Thessalonians 3:6-13 & Deuteronomy 8:17-18)

Read together Proverbs 30:7-9, Philippians 4:12-13 and 1 Timothy 6:6-10.

- How does praying this part of the Lord's Prayer safeguard our own hearts against greed and coveting the possessions/wealth/lifestyles of others?

As holistic beings, we do have needs beyond the purely physical.

- What do you think are some of those other human needs we may have?

How do Philippians 4:4-7 and Matthew 7:7-11 help remind us that we can pray about any and all of our needs?

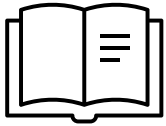
Is there something in particular that you are struggling with at the moment, that you need prayer for and to see God's provision for? (Share if comfortable)

How can our daily prayer life cultivate a day-to-day dependence on God, as well as thankfulness for what He has already given us?



Pray

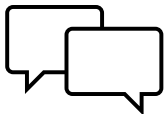
- This coming week, pray and write down 5 things *every day* that you are thankful for God's provision.
- Also, pray: 'Lord, give me today my daily bread' before making any purchases this week.



WEEK 7 – *Forgive Us Our Debts*

Read

- Daniel 9:4-10
- Psalm 51:1-6
- Luke 18:9-14
- 1 John 1:8-10



Discuss

- What is the importance of coming to a deep awareness of our own sinfulness?
- What are the damaging consequences of being too prideful to admit our wrongdoings or of being confident in our own self-righteousness?
- Why do you think it is important for us to see our wrongdoings as sin against God?
- What role has confession had in your own personal prayer life?
- Do you think that we sometimes have a tendency to gloss over the specifics of our sins because we are embarrassed, ashamed or maybe not truly repentant of them?

Read together the promise of Scripture in 1 John 1:8-10

- What assurance do we have as believers when we truly confess and turn from our sins through prayer?
- What role should thankfulness and awe (that Jesus would paid the price for our sins in full so that we would be freely forgiven) have in our prayer life?

How do you think we can have this element of confession (and thanksgiving for our forgiveness) in corporate settings like church services on a Sunday?

The clear implication of being forgiven much is that we have no real right to withhold forgiveness from anyone.

- What role does prayer have in helping us to forgive others?

Read Ephesians 4:29-32 and Colossian 3:12-14

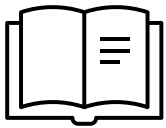
- How is forgiving others a natural extension of our new identity in Christ?
- How does the difficulty we have in forgiving others give us a greater insight into how amazing it is that our God, in Christ, has forgiven our sins?!?



Pray

- Pray a prayer of confession at the end of every day for the week coming.

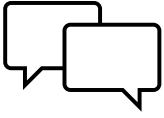
Merciful God, we confess that we have sinned against you in thought, word and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart and mind and strength. We have not loved our neighbors as ourselves. In your mercy forgive what we have been, help us amend what we are, and direct what we shall be, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen



WEEK 8 – Lead Us Not Into Temptation But Deliver Us From Evil

Read

- James 1:13-15
- Hebrews 2:17-18 and 4:15
- 1 Cor. 6:18, 10:14
- 1 Tim. 6:11
- 2 Tim. 2:22
- Psalm 119:9-11
- Galatians 5:16
- Titus 2:11-14
- 1 Pet. 5:8-11



Discuss

Read James 1:13-15 and discuss:

- What is the nature of temptation?
- What is it within us, which causes us to sin?
- Does God have any role in temptation? (cf 1 Corinthians 10:13)
- What are some of the damaging consequences of giving into temptation?

Remember that Jesus was tempted in every way as us yet was without sin.

- How do Hebrews 2:17-18 and 4:15 give us confidence to pray about the various temptations we face?

In several places the Bible tells us that the best way to resist temptation is to flee from it (1 Corinthians 6:18, 10:14; 1 Timothy 6:11; 2 Timothy 2:22). Here Jesus is also teaching us to pray to avoid it in the first place if possible.

- How then, should we actively guard against putting ourselves in situations where we know we are especially tempted?
- What are some practical ways we can 'flee' temptations when we do find ourselves struggling to not give into them?

There are also more positive and proactive ways to fight against those old-self desires and temptations. What do the following verses teach us about how to grow resistance to temptation?

- Psalm 119:9-11
- Galatians 5:16
- Titus 2:11-14

In light of all the above, how then should we pray about temptation and our resolve to pursue holy living?

But deliver us from the evil one

What does Jesus' teaching about how we should pray reveal about the presence and influence of the evil one in our lives and world?

Is this something you would normally pray about? Why/why not?

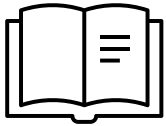
Read together 1 Peter 5:8-11 and discuss:

- The present activity of the evil one in our world?
- The response we should have to the presence of the evil one in our world?
- What confidence can we have in the activity and strength of God in our lives within the context of the broader spiritual battle?



Pray

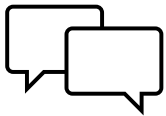
- Every morning this coming week pray that God would strengthen your resolve and keep you from temptation, and then pray the armor of God on as your spiritual protection for the coming day (see Ephesians 6:10-18).



WEEK 9 – *Yours Is the Kingdom, Power, and Glory*

Read

- 1 Chronicles 29:10-13
- Matthew 6:13



Discuss

- In what ways does this week's phrase speak of surrender?
- Overall, do you tend to want things your way or God's way? What areas of your life need a fresh dedication to the kingdom, power, and glory of God?
- What are some ways you take credit for glory that belongs to God?
- How does recognizing kingdom, power, and glory as God's reframe your perspective on life?
- Jesus' goal as a human here on earth was to bring us as human beings into a restored relationship with God. How can you embrace God's worthiness as King and reflect it back to Him in adoration?
- Thinking back over the past nine weeks, how has your view of the Lord's Prayer shifted? What are some takeaways you are committed to remembering and putting into practice?
- How can you continue to allow Jesus' teaching of the Lord's Prayer to shape your spiritual life and your relationship with God?

Pray

Take a few moments to close in prayer. End your prayer time by reciting the entire Lord's Prayer together again.